

District of Barriere

REPORT TO COUNCIL

Date: March 8, 2021	File: 530.20/Rpts
To: Council	From: Bob Payette, CAO
Re: Renewal of IHA Healthy Communities Partnership Agreement	

Background: The District of Barriere formalized a partnership agreement with Interior Health (IHA) to help improve health and wellness for residents and to reduce risk factors for chronic disease.

Discussion: The *Healthy Communities Partnership* has provided ongoing engagement in the community through communication and advocacy and facilitation. Attached is information provided to share with Council the good work of IHA in our District.

IHA is interested to renew their commitment to work with our community to continue increasing actions that will improve health and wellness for our residents through:

- ✓ Community/Citizen engagement
- ✓ Political commitment
- ✓ Asset based community development
- ✓ Multi-sectoral collaboration
- ✓ Healthy public policy

Recommendation: That Council approve the renewed partnership agreement with Interior Health Authority to continue help promote health and wellness for residents and to reduce risk factors for chronic disease.

Prepared by: Bob Payette, CAO



February 26, 2021

Bob Payette CAO
District of Barriere
PO Box 219 4936 Barriere Town Road
Barriere BC V0E 1E0

Email: bpayette@barriere.ca

Dear Mr. Bob Payette

Re: Renewal of the Healthy Communities Partnership Agreement from 2015

Interior Health – Healthy Communities Program has provided ongoing engagement with the District of Barriere to support healthy community growth via ongoing communication and through review of land use referrals. A formal presentation to Mayor and Council took place on April 13, 2015. The Council resolved to formalize a partnership agreement with Interior Health to continue increasing actions that improve health and wellness of its residents and reduce risk factors for chronic disease. PowerPoint presentation attached.

District staff and elected officials are able to contact Healthy Communities as a quick and reliable means to source information and locate the correct internal partner to provide support. Between 2015 and 2016, a major project we consulted on was the commissioning of the community sewer system and sludge disposal (solids from septic tanks) for the local area. We provided resources and support to assist in the creation of bylaws regarding the commissioning of temporary measures prior to commissioning as well as, resources and support for safe decommissioning of sewerage system prior to connections to the sewer system.

In 2016, our Public Health Dietitian and Community Health Facilitator facilitated an interactive food security session upon request, for the North Thompson Community to Community Forum. Most recently, through our hbe@interiorhealth.ca intake, we provided a public health perspective for the amendment to Zoning Bylaw 111, Amendment Bylaw No.170, Barriere, BC. (Attached)

Over the years, we have provided referrals and resources regarding the splash pool, radon, air quality, inquires on COVID-19 protocols and restrictions along with discussions on the smaller community drinking water supply system within the District of Barriere. Council and Staff also receive our Healthy Communities E-Newsletter, which features sections on community recognition, healthy public policy resources, funding and learning opportunities for local, regional and Indigenous governments.

We would like to pursue conversations about renewing our commitment to work together to continue increasing actions that improve health and wellness of its residents and reduce risk factors for chronic disease and discuss establishing annual meetings with the District of Barriere to identify community priorities and collaboration opportunities.

Yours Sincerely

Clare Audet, Environmental Health Officer
Population Health – Healthy Communities

Bus: (250) 851-7340 Fax: (250) 851-7341
hbe@interiorhealth.ca
www.interiorhealth.ca

Population Health Healthy Communities
519 Columbia Street
Kamloops, BC, V2C 2T8

HEALTHY COMMUNITY DEVELOPMENT TEAM



“ A **healthy community** is when the **built, social, economic, and natural environments** allow people the opportunity to live to their full potential and to come together to make their community better for themselves, their family, their friends, their neighbours, and others. ”

Canadian Institute of Planners. (n.d.). Policies on Healthy Communities Planning. Taken from <https://www.cip-icu.ca/Files/Policy-2018/policy-healthy-eng-FINAL.aspx>

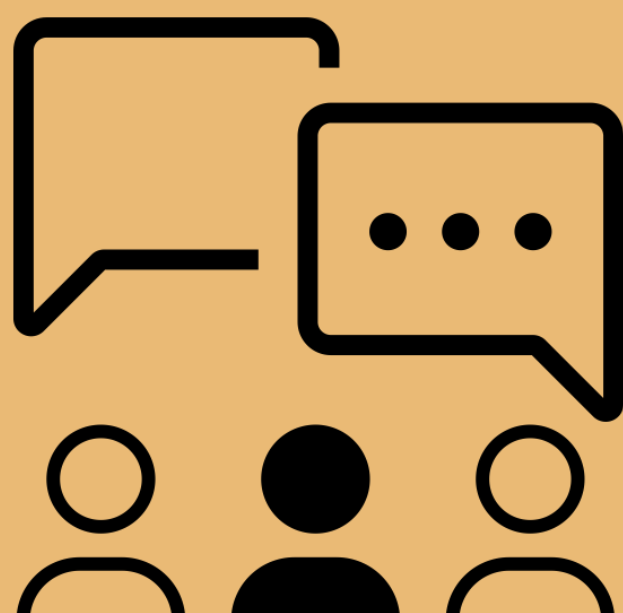


WHAT IS HAPPENING IN OUR COMMUNITIES:

-  1 in 3 people have a **chronic disease**
-  1 in 5 children live in **poverty**
-  We rely **too much on cars** instead of our feet
-  **Housing** is unaffordable for many
-  We are **getting older**
-  **Mental health** and well being are main priorities for our communities
-  Many do not have access to **healthy foods**
-  **Health inequities** exist in our communities
-  **High demand, cost, and pressures** on our emergency services and health care system

MEDICAL CARE explains only
10-20% of health over the life course
(McGovern, Miller, and Hugest-Cromwick, 2014)

Local level policies and plans affect the health and well-being of citizens and communities.



We need to act locally!
We need to work together!
We need to involve everyone!



Interior Health
Every person matters

How can we help?

Our **Healthy Community Development** team can:

Build Partnership

- We support healthy community planning, policy, & action.
- We support communities based on their needs and priorities.
- We establish partnership agreements with local governments.



Provide a Health Evidence, Systems Level & Health Equity Lens

- We help inform Official Community Plans.
- We provide responses to local government planning referrals.
- We provide letters of support.

Share effective tools & resources

- We help with public processes
- We share grant opportunities.
- We share new tools and resources in our monthly E-Newsletter.

We Recognize & Celebrate

- We recognize great local work in our monthly E-Newsletter.
- We share community successes with our provincial partners.

Build capacity of communities

- We support grant application processes.
- We participate in local government and/or community committees.
- We help facilitate community workshops.
- We link with health content expertise, data, and best practices.
- We navigate systems.

Want to learn more?

Interior Health: Healthy Living in Your Community

<https://www.interiorhealth.ca/YourHealth/HealthyLiving/Pages/default.aspx>

Interior Health: Planning for Healthier Communities

<https://www.interiorhealth.ca/YourEnvironment/HBE/Pages/Planning-for-Healthier-Communities.aspx>

Plan H

<https://planh.ca/>

Success Stories

<https://planh.ca/success-stories/prioritizing-healthy-communities-interior-health>

World Health Organization: Determinants of Health

<https://www.who.int/hia/evidence/doh/en/>

Healthy Built Environment Linkages Toolkit

http://www.bccdc.ca/pop-public-health/Documents/HBE_linkages_toolkit_2018.pdf

Contact the Healthy Community Development Team today!

healthycommunities@interiorhealth.ca
hbe@interiorhealth.ca



Join our E-newsletter

Email healthycommunities@interiorhealth.ca to subscribe.

Information adapted from:

Canadian Healthy Communities Network (n.d.). The Healthy Communities Approach : A Framework for Action on the Determinants of Health.

Taken from: <http://bchealthycommunities.ca/healthycommunities>

PlanH. (n.d.). The Big Picture. Taken from: <https://planh.ca/big-picture>



Interior Health
Every person matters

August 12, 2019

Tasha Buchanan
Deputy Corporate Officer
District of Barriere
(250) 672-9751
tbuchanan@barriere.ca

Dear Ms. Buchanan:

RE: Amendment to the District of Barriere Zoning Bylaw No. 111 Amendment Bylaw No.170, Barriere, BC.

Thank you for the opportunity to provide feedback for the proposed zoning amendment which will allow a split zone of C1 (Downtown Core Commercial)/P2 (Institutional) with a site specific exception to permit Multi-Family Dwelling Units as an additional permitted use in this C1/P2 Zone at 4609 Barriere Town Road.

Overall, Interior Health supports this proposed zoning amendment as it contributes to a healthy neighbourhood design for the community. It is aligned with the Community Vision & Goals and land use policies laid out in the Official Community Plan (2011) as well as the [Healthy Built Environment Linkages Toolkit](#). The Toolkit is a population health research based resource developed by BC Centre for Disease Control that links community design to population health outcomes.


Notably, the proposed amendment and the Toolkit are aligned in the following areas:

- Creating a complete neighbourhood through mixed-land use
- Promoting active transportation options due to proximity to amenities
- Prioritizing affordable housing options through diverse housing forms and tenure types
- Connection to existing and approved municipal drinking water and wastewater systems

The influence of housing on health goes beyond the internal conditions and affordability of our housing. It also includes the characteristics of the neighbourhoods in which our housing is located. Evidence shows that healthy built environment features that includes accessible transportation networks and green space can positively contribute to health, independent of our socioeconomic status. Therefore, we also encourage the District to take this opportunity to incorporate active transportation networks into this future land development to enhance connectivity, promote safety and injury prevention.

The Healthy Communities program at Interior Health is committed to collaborating with the District of Barriere to support healthy community planning. If you have any questions, comments or require more resources please feel free to contact me directly at 250-851-7387.

Sincerely,

A handwritten signature in black ink, appearing to read 'JG' followed by a horizontal line.

Jenny Green
Community Health Facilitator
Healthy Communities Program

Resources:

HBE Linkages Toolkit:

http://www.bccdc.ca/pop-public-health/Documents/HBE_linkages_toolkit_2018.pdf

Plan H - Healthy Housing Action Guide

https://planh.ca/sites/default/files/tools-resources/healthyhousing_guide_web_v1.0.pdf